Schools of nursing have been encouraged to adopt *CARES* and *G*-*CARES* and utilize ELNEC curricula in their academic programs. To date, the two curricula have been widely accessed<sup>24</sup> and numerous publications have highlighted their use.<sup>17,25</sup>

#### **Evolution of the Second Edition of** *CARES* **and** *G-CARES*

A national group of nursing faculty and palliative care nursing experts updated the original *CARES* and *G-CARES*. The original competencies were separate documents and have been combined to reflect the format of the new AACN *Essentials*. *CARES* ( $2^{nd}$  ed) consists of 15 competency statements for entry-level professional nursing students and *G-CARES* ( $2^{nd}$  ed) consists of 12 competency statements for advanced-level nursing students.

Each revised CARES

## CARES (2nd ed.) for Entry-level Professional Nursing

Entry-level professional nurses should achieve the following by the end of their formal nursing education:

- 2. Consider the complex and evolving socio-economic factors that influence equitable palliative care delivery within health care systems.
- 3. Reflect on one's ethical, cultural, and spiritual values and their influence on relationships in palliative care.
- 4. Demonstrate respect for diversity, equity, and inclusion as essential for the delivery of culturally sensitive, quality palliative care.
- 5. Communicate effectively, respectfully, and compassionately with patients, families, interprofessional team members, and the pu Tf1 0 0 1 199.01 540.91 Tm0 g0 G[, )]TJETQq0.00000912 0

# Alignment of *CARES* (2<sup>nd</sup> ed) and AACN Essentials Entry-Level Professional Nursing Education: Competencies and Sub-Competencies

	Entry-Level	Professional Nursing Educa	ation (Level 1)
CARES Statement	Domains	Competencies	Sub-competencies
1. Advocate for and promote integration of palliative care for patients with serious illness or injury and their families across the disease trajectory as essential to quality care.			

		5: Quality and Safety	5.1 5.3	5.1a, 5.1b, 5.1c 5.3a
		7. Containe Deve J. Deve d'an	7.1	71.711
		7: Systems-Based Practice	7.1 7.2	7.2a, 7.2b, 7.2c, 7.2d, 7.2e, 7.2f
3.	Reflect on one's ethical, cultural, and spiritual values	1: Knowledge for Nursing Practice	1.2	1.2d
	and their influence on relationships in palliative care.	6: Interprofessional Partnerships	trice       7.1       7.1c, 7.1d         7.2       7.2a, 7.2b, 7         7.2d, 7.2e         sing       1.2         6.4       6.4a         9.1       9.1a, 9.1b, 9         9.1d	6.4a
		9: Professionalism	9.1	9.1a, 9.1b, 9.1c, 9.1d
			9.3	9.3b, 9.3c, 9.3d
			9.6	9.6b, 9.6c
		10: Personal, Professional,	10.2	10.2a
		and Leadership Development	10.3	10.3g
4.	Demonstrate respect for diversity, equity, and inclusion as essential for the	1: Knowledge for Nursing Practice	1.2	1.2c
	delivery of culturally	2: Person-Centered Care	2.1	2.1c
	sensitive, quality palliative		2.2	2.2a, 2.2b, 2.2c,
	care.			2.2d, 2.2e, 2.2f
			2.3	2.3f
			2.5	2.5g
			2.6	2.6b
			2.8	2.8d
			2.9	2.9a
		3: Population Health	3.1	3.1g
			3.2	3.2c
			3.3	3.3a, 3.3b
			3.4	3.4b
		6: Interprofessional	6.1	6.1d
		Partnerships	6.4	6.4a, 6.4b
		9: Professionalism	9.2	9.2d, 9.2e
			9.3	9.3g
			9.5	9.5c
		-	9.6	9.6a, 9.6c

		10: Personal, Professional, and Leadership Development	10.2	10.2f
5.	Communicate effectively, respectfully, and compassionately with	2: Person-Centered Care	2.2	2.2a, 2.2b, 2.2c, 2.2d, 2.2e, 2.2f
	patients, families,		2.6	2.6b
	interprofessional team members, and the public		2.8b	2.8b, 2.8c, 2.8d
	about palliative care.		2.9	2.9b
		3: Population Health	3.2	3.2c
			3.5	3.5d
		4: Scholarship for the Nursing Discipline	4.1	4.1g
		5: Quality and Safety	5.3	5.3d
		6: Interprofessional Partnerships	6.1	6.1a, 6.1b, 6.1c, 6.1d, 6.1e, 6.1f
		8: Informatics and Healthcare	8.1	8.1a, 8.1c, 8.1e
		Technologies	8.2	8.2d
			8.3	8.3a, 8.3c
		9: Professionalism	9.1	9.1c
			9.2	9.2g
6.	Collaborate effectively within the interprofessional team to	1: Knowledge for Nursing Practice	1.1	1.1d
	coordinate the delivery of high-quality palliative care	2: Person-Centered Care	2.2	2.2d
	across healthcare settings.		2.3	2.3f, 2.3g
			2.4	2.4e
			2.5	2.5a, 2.5b
			2.6	2.6c
			2.9	2.9c, 2.9d, 2.9e
		3: Population Health	3.2	3.2a, 3.2b
		5: Quality and Safety	5.1	5.1a, 5.1f
			5.2	5.2b
			5.3	5.3d
		6: Interprofessional Partnerships	6.1	6.1a, 6.1c, 6.1e, 6.1f
			6.2	6.2a, 6.2b, 6.2c, 6.2d, 6.2e, 6.2f
			6.3	6.3a, 6.3b, 6.3c

		6.4	6.4a, 6.4b, 6.4c, 6.4d
	7: Systems-Based Practice	7.2	7.2e
	8: Informatics and	8.3	8.3c
	Healthcare Technologies	8.4	8.4b
	9: Professionalism	9.2	9.2f, 9.2g
		9.3	9.3f, 9.3h
		9.4	9.4b
		9.5	9.5a, 9.5b, 9.5c, 9.5e
	10: Personal, Professional,	10.1	10.1b
	and Leadership Development	10.3	10.3c, 10.3h
7. Demonstrate respect for person-centered care by	1: Knowledge for Nursing Practice	1.1	1.1a
aligning the plan of care with patient and family values,	2: Person-Centered Care	2.1	2.1a, 2.1c
beliefs, preferences, and goals		2.2	2.2a, 2.2b, 2.2d,
of care.			2.2e, 2.2f
		2.3	2.3a, 2.3f
		2.4	2.4a, 2.4c
		2.5	2.5b, 2.5f, 2.5g
		2.6	2.6d
		2.8	2.8d
		2.9	2.9c, 2.9e
	8: Informatics and Healthcare Technologies	8.5	8.5d
	9: Professionalism	9.1	9.1g
		9.2	9.2a, 9.2c, 9.2e, 9.2f
		9.5	9.5c, 9.5e
8. Apply ethical principles,	1: Knowledge for Nursing	1.2	1.2a, 1.2d, 1.2e
social justice, and moral	Practice	1.3	1.3c
courage in the care of patients with serious illness, their families, and communities.			

	10: Personal, Professional,	<ul> <li>9.3</li> <li>9.4</li> <li>9.5</li> <li>9.6</li> <li>10.1</li> </ul>	9.2g 9.3c, 9.3d 9.4b, 9.4c 9.5a, 9.5b, 9.5c, 9.5d, 9.5e 9.6a, 9.6b, 9.6c 10.1b
	and Leadership		
14 Support potionts families	Development	2.2	
14. Support patients, families, and team members to cope	2: Person-Centered Care	2.2 2.6	2.2c, 2.2f 2.6c
with suffering, grief, loss, and		2.0	2.8c 2.8a, 2.8b, 2.8c,
bereavement.		2.0	2.8e
		2.9	2.9d
	8: Informatics and	8.1	8.1e
	Healthcare Technologies	8.5	8.5b
	9: Professionalism	9.3	9.3a
		9.5	9.5e

15. Implement selJETQ EMC /P2 1

# Alignment of CARES (2<sup>nd</sup> ed) and AACN Essentials Concepts for Nursing Practice

8. Apply principles of ethics, social justice, and moral courage in the care of persons with serious illness, their families, and communities.



2.6d 7, 12, 13

	4.1g	5
4.2	4.2a	12
	4.2b	No alignment
	4.2c	1, 11, 13
	4.2d	1
	4.2e	12

		7.1d	2, 13
	7.2	7.2a	2,9
		7.2b	2, 8, 12, 13
		7.2c	2, 13
		7.2d	2, 15
		7.2e	2, 6, 11
		7.2f	2
	7.3	7.3a	11
		7.3b	12
		7.3c	No alignment
		7.3d	8, 9, 11
8: Informatics and	8.1	8.1a	5
	0.1		
		8.1b	No alignment
8: Informatics and Healthcare Technologies		8.1c	5, 11, 13
		8.1d	No alignment
		8.1e	5, 14
		8.1f	No alignment
	8.2	8.2a	10, 11, 13
	0.2	8.2b	
			No alignment
		8.2c	11, 13
		8.2d	5
		8.2e	No alignment
	8.3	8.3a	5
		8.3b	11
		8.3c	5, 6
		8.3d	No alignment
		8.3e	No alignment
		8.3f	No alignment
	8.4	8.4a	No alignment
		8.4b	6
		8.4c	No alignment
		8.4d	No alignment
	05		9
	8.5	8.5a	
		8.5b	8, 14
		8.5c	9, 13
		8.5d	7
		8.5e	No alignment
		8.5f	11, 13
9. Professionalism	9.1	9.1a	1, 3, 8, 13
>. 11010551011d115111	2.1	9.1b	
			3, 8, 13
		9.1c	3, 5, 8, 11, 12, 13
		9.1d	3, 8, 13
		9.1e	8
		9.1f	8, 9, 13
		9.1g	1, 7, 8, 13
	9.2	9.2a	7, 13
	1.4		
		9.2b	8, 13
		9.2c	7, 11, 13
		9.2d	4, 8, 13
		9.2e	4, 7, 13
		9.2f	6, 7, 13, 15
I		2 · <b></b> ·	-, -,,

	9.2g	5, 6, 13	
9.3	9.3a	1, 14	
	9.3b	3, 8	
	9.3c	3, 8, 13	
	9.3d	3, 8, 13	
	9.3e		

# AACN Essentials Entry-Level Professional Nursing Education (Level 1) Sub-Competencies by Frequency (N)

Domain 1: Knowledge	for Nursing	Practice			
1.1 Demonstrate an understanding of the discipline of nursing's distinct perspective and where shared perspectives exist with other disciplines	N	1.2 Apply theory and research-based knowledge from nursing, the arts, humanities, and other sciences.	N	1.3 Demonstrate clinical judgment founded on a broad knowledge base.	N
1.1a	3	1.2a	4	1.3a	2
1.1b	3	1.2b	0	1.3b	2
1.1c	2	1.2c	3	1.3c	3
1.1d	3	1.2d 1.2e	2 2		

#### **Domain 2: Person-Centered Care (2.1-2.5)**

2.1 Engage with the	N	2.2 Communicate	N	2.3 Integrate assessment	Ν	2.4
individual in establishing a caring relationship.		effectively with individuals.		skills in practice.		

Domain 5: Quality a	nd Safety				
	Ν	5.2 Contribute to a culture of patient safety.	N	5.3 Contribute to a culture of provider and work environment safety.	N
5.1a	4	5.2a	0	<u>5.3a</u>	1
5.1b	3	<u>5.2b</u>	1	5.3.b	0
5.1c	2	5.2c	0	5.3c	0
5.1d	0	5.2d	0	5.3d	2
5.1e	0	5.2e	0		
5.1f	2	5.2f	2		
5.1g	0				
5.1h	0				

6.1 Communicate in a manner that facilitates a partnership approach to quality care	N	6.2 Perform effectively in different team roles, using principles and values of team	N	6.3 Use knowledge of nursing and other professions to address healthcare needs.	N	6.4 Work with other professions to maintain a climate of mutual learning, respect, and shared	N
delivery.		dynamics.				values.	
6.1a	3	6.2a	2	6.3a	2	6.4a	3
6.1b	2	6.2b	2	6.3b	2	6.4b	2
6.1c	3	6.2c	2	6.3c	2	<u>6.4c</u>	1
6.1d	2	6.2d	2			<u>6.4d</u>	1
6.1e	3	6.2e	2				
6.1f	5	6.2fF1 f*5815t78	$4 \text{ fz}^2$	2.45 15815t784 re2.5	.581	5t78W* nBT/F1 12 7	Γf1 0

**Domain 8: Informatics and Healthcare Technologies (8.1-8.3)** 

8.1 Describe the various information and

Domain 9: Professionalism (9.4-9.6)					
9.4 Comply with relevant	Ν	9.5 Demonstrate the	Ν	9.6 Integrate diversity,	Ν
laws, policies, and		professional identity		equity, and inclusion as core	
regulations.		of nursing.		to one's professional identity.	
9.4a	2	9.5a	2	9.6a	3
9.4b	3	9.5b	2	9.6b	4
9.4c	2	9.5c	4	9.6c	4
		9.5d	3		
		9.5e	4		

## Domain 10: Personal, Professional, and Leadership Development

	I				1
10.1 Demonstrate a	Ν	10.2 Demonstrate a	Ν	10.3 Develop capacity for	Ν
commitment to personal		spirit of inquiry that		leadership.	
health and well-being.		fosters flexibility and			
		professional maturity.			
<u>10.1a</u>	1	10.2a	2	10.3a	0
10.1b	2	10.2b	0	10.3b	0
		<u>10.2c</u>	1	<u>10.3c</u>	1
		10.2d	2	<u>10.3d</u>	1
		<u>10.2e</u>	1	10.3e	2
		<u>10.2f</u>	1	10.3f	0
				10.3g	2
				<u>10.3h</u>	1
				10.3i	2

Sub-competencies in **bold**= high frequency (5); <u>underlined</u> = low frequency (=1); *italics* = no alignment

## G-CARES (2nd ed) for Advanced-Level Nursing

Advanced-level nurses should achieve the following by the end of their formal nursing education:

- 1. Articulate the value of palliative care to patients, families, interprofessional team members, and the public.
- 2. Facilitate access to palliative care as standard practice across the disease trajectory and healthcare settings for persons with serious illness and their families.
- 3. Respond to dynamic changes in population demographics, socio-economic factors, the healthcare system, and emerging technologies to improve outcomes for persons with serious illness and their families.
- 4. Demonstrate leadership guided by principles of ethics, social justice, equity, and moral courage in the advancement of quality palliative care.
- 5. Engage in strategic partnerships with interprofessional colleagues and community stakeholders to influence policies and quality improvement activities related to primary palliative care.
- 6. Contribute to the development and translation of evidence-based palliative care practice in clinical, administrative, and academic settings.
- 7. Utilize advanced palliative care communication skills with patients, families, and team members as appropriate to one's functional area of nursing practice and the professional context.
- 8. Promote delivery of care that supports holistic assessment and management of pain and symptoms common in serious illness at the full scope of practice.
- 9. Collaborate with healthcare team members to coordinate culturally sensitive, patientcentered, and family-focused palliative care across care settings.
- 10. Consult with specialty services for complex palliative care issues that exceed one's functional area of practice and educational preparation.
- 11. Advocate for environments of care that uphold the dignity of the patient and family during the dying process and after death through culturally sensitive and compassionate end-of-life care.
- 12. Contribute to an environment that fosters well-being for self, patients, families, and team members to cope with suffering, grief, loss, and bereavement.

# Alignment of *G-CARES* (2<sup>nd</sup> ed) and AACN Essentials Advanced-Level Nursing Education: Competencies and Sub-Competencies

Advanced

7: Systems-Based Practice	7.1	7.1e, 7.1f, 7.1g
		7.1h
	7.2	7.2g, 7.2h, 7.2j,
		7.2k, 7.2l
	7.3	7.3e, 7.3f, 7.3g
		7.3h
8: Informatics and	8.1	8.1g, 8.1h, 8.1i,
Healthcare Technologies		8.1j, 8.1k
	8.2	8.2h, 8.2i, 8.2j
	8.3	8.3g, 8.3h, 8.3i
		8.3j, 8.3k
	8.4	8.4e, 8.4f, 8.4g
	8.5	8.5h, 8.5i, 8.5j
9: Professionalism	9.3	9.3i, 9.3l
	9.4	9.4e, 9.4f, 9.4h
10.94 35./F1 0C q225.05 39	7.	

	7: Systems-Based Practice	7.1 7.2	7.1h 7.2l
		7.3	7.3h
	8: Informatics and	8.1	8.1h
	Healthcare Technologies	8.3	8.3g, 8.3k
		8.4	8.4f
		8.5	8.5g, 8.5h, 8.5i
	9: Professionalism	9.1	9.1h, 9.1i, 9.1j,
		9.2	9.1k
		9.3	9.2j, 9.2k
		9.5	9.3i, 9.3m, 9.3n
		9.6	9.5g, 9.5h 9.6d, 9.6e, 9.6f,
	10: Personal, Professional, and Leadership Development	10.3	10.3p
5. Engage in strategic partnerships with interprofessional	1: Knowledge for Nursing		
colleagues and community stakeholders to influence policies and quality improvement activities related to primary palliative care.			
partnerships with interprofessional colleagues and community stakeholders to influence policies and quality improvement activities related to primary palliative	and Leadership Development	10.3	9.6g, 9.6h

	<i>c</i> 1	<i>c</i> 1!
6: Interprofessional	6.1	6.1i
Partnerships	6.2	6.2g, 6.2h, 6.2i,
		6.2j
	6.3	6.3d
	6.4	6.4f, 6.4g, 6.4h,
		6.4i
7: Systems-Based Practice	7.1	7.1e, 7.1f, 7.1g,
		7.1h
	7.2	7.2g, 7.2h, 7.2i,
		7.2k, 7.2l
	7.3	7.3e, 7.3f, 7.3g,
		7.3h
8: Informatics and	8.1	8.1g, 8.1h
Healthcare Technologies	8.5	8.5k, 8.51

2: Person-Centered Care	2.1	2.1d, 2.1e
	2.2	2.2g, 2.2j
	2.4	2.4f, 2.4g
	2.5	2.5h, 2.5i
	2.6	2.6e, 2.6g, 2.6j
	2.7	2.7d
	2.9	2.9f, 2.9g, 2.9h, 2.9j
4: Scholarship for the	4.1	4.1h
Nursing Discipline	4.2	4.2f, 4.2g
6: Interprofessional	6.1	6.1h, 6.1i, 6.1k
Partnerships	6.2	6.2g, 6.2h, 6.2j
	6.4	6.4e, 6.4f, 6.4g,
		6.4h, 6.4i
8: Informatics and	8.1	8.1g, 8.1h
Healthcare Technologies	8.2	8.2f, 8.2j
	8.5	8.5j
9: Professionalism	9.1	9.1i
	9.2	9.2h, 9.2i, 9.2k, 9.2l
	9.3	9.3i, 9.3k, 9.3l, 9.3n
	9.5	9.5f, 9.5h
	9.6	9.6d, 9.6g, 9.6h,
		9.6i
10: Personal, Professional, and Leadership Development	10.2	10.2g, 10.2h, 10.2i
1: Knowledg		

10. Consult with specialty services for complex palliative care issues that exceed one's functional area of practice and educational preparation.

2: Person-Centered Care	2.2	2.2i	
	2.3		
	2.4		
	2.6		
	2.9		

4: Scholarship for the Nursing Discipline	4.1 4.2	4.1h, 4.1j 4.2f, 4.2g, 4.2h 4.2j, 4.2k
5: Quality and Safety	5.1	
	5.3	

12. Contribute to an environment that fosters	1: Knowledge for Nursing Practice	1.1 1.2	1.1e, 1.1f 1.2f, 1.2i, 1.2j
well-being for self, patients, families, and team members to cope with suffering, grief, loss, and bereavement.		1.2	1.3d, 1.3e
	2: Person-Centered Care	2.1	2.1d, 2.1e
		2.2	2.2g, 2.2j
		2.6	2.6e
		2.8	2.8f, 2.8g, 2.8h, 2.8i, 2.8j
	5: Quality and Safety	5.3	5.3e, 5.3g, 5.3h
	6: Interprofessional Partnerships	6.1	6.1k
		6.2	6.2g, 6.2j
		6.3	6.3d
		6.4	6.4e, 6.4f, 6.4g,
			6.4h, 6.4i
	8: Informatics and Healthcare Technologies	8.1	8.1g
	9: Professionalism	9.1	9.1i
		9.2	9.2h, 9.2k, 9.2l
		9.3	9.3i
		9.4	9.4h
		9.5	9.5g, 9.5h
		9.6	9.6d, 9.6g, 9.6h
	10: Personal, Professional, and Leadership Development	10.1	10.1c, 10.1d

# Alignment of *G-CARES* (2nd ed) and AACN Essentials Concepts for Nursing Practice

AACN

8.	Promote delivery of care that supports holistic assessment and management of pain and symptoms common in serious illness at the full scope of practice.	X	X	X	X	X	X	X
9.	Collaborate with healthcare team members to coordinate culturally sensitive, patient- centered palliative care across care settings.	X	X	X	X	X	X	X
10.	Consult with specialty services for complex palliative care issues that exceed one's functional area of practice and educational preparation.	X						

# Alignment of AACN *Essentials* Advanced-Level Nursing Education (Level 2) Sub-Competencies and *G-CARES* (2nd ed)

Entry-Level Profe	essional Nursing E		
Domains	Competencies	Sub-competencies	G-CARES Statement
1: Knowledge for	1.1	1.1e	1, 2, 3, 4, 5, 6, 8, 9, 11, 12
Nursing Practice		1.1f	2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12
		1.1g	1, 4, 11
	1.2	1.2f	1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12
		1.2g	4, 6, 8, 9, 10, 11
		1.2h	4, 8, 9, 10, 11
		1.2i	1, 2, 3, 4, 8, 9, 10, 11, 12
		1.2j	1, 4, 5, 6, 8, 9, 11, 12
	1.3	1.3d	3, 6, 7, 8, 9, 10, 11, 12

3: Population Health	3.1	3.1j 3.1k 3.11	2, 3, 4, 5, 11 3, 4, 5 3, 4, 5	
		3.1m	2, 3, 4, 5	
		3.1n		

1			
		5.1m	3, 5
		5.1n	3, 5
		5.10	3, 5
	5.2	5.2g	No alignment
		5.2h	No alignment
		5.2i	No alignment
		5.2j	No alignment
	5.3	5.3e	12
		5.3f	4, 7, 11
		5.3g	12
		5.3h	12
6: Interprofessional	6.1	6.1g	7
Partnerships	0.1	6.1h	7,9
r utilerships		6.1i	4, 5, 7, 9, 11
		6.1j	
			2, 7, 11
		6.1k	9, 11, 12
	<b>( )</b>	6.11	7, 11
	6.2	6.2g	3, 5, 6, 9, 11, 12
		6.2h	5, 9, 11
		6.2i	5, 10, 11
		6.2j	5, 9, 11, 12
	6.3	6.3d	2, 3, 5, 11, 12
	6.4	6.4e	9, 12
		6.4f	4, 5, 7, 9, 10, 11, 12
		6.4g	4, 5, 9, 11, 12
		6.4h	4, 5, 7, 9, 11, 12
		6.4i	4, 5, 9, 11, 12
7: Systems-Based	7.1	7.1e	2, 3, 5, 11
Practice		7.1f	2, 3, 5, 11
		7.1g	3, 5, 11
		7.1h	3, 4, 5, 11
	7.0		
		/ 9σ	3 5
	7.2	7.2g 7.2h	3, 5
	1.2	7.2h	2, 3, 5
	1.2	7.2h 7.2i	2, 3, 5 5
	1.2	7.2h 7.2i 7.2j	2, 3, 5 5 3
	1.2	7.2h 7.2i 7.2j 7.2k	2, 3, 5 5 3 2, 3, 5
		7.2h 7.2i 7.2j 7.2k 7.2l	2, 3, 5 5 3 2, 3, 5 3, 4, 5
	7.3	7.2h 7.2i 7.2j 7.2k 7.2l 7.3e	2, 3, 5 5 3 2, 3, 5 3, 4, 5 3, 5
		7.2h 7.2i 7.2j 7.2k 7.2l 7.3e 7.3f	2, 3, 5 5 3 2, 3, 5 3, 4, 5 3, 5 2, 3, 5
		7.2h 7.2i 7.2j 7.2k 7.2l 7.3e 7.3f 7.3g	2, 3, 5 5 3 2, 3, 5 3, 4, 5 3, 5 2, 3, 5 3, 5 3, 5
8 <b>ℬ</b> DC q2.624 ref* EM	7.3	7.2h 7.2i 7.2j 7.2k 7.2l 7.3e 7.3f	2, 3, 5 5 3 2, 3, 5 3, 4, 5 3, 5 2, 3, 5

8.3	8.3g	3, 4, 7, 11
	8.3h	3, 8, 11
	8.3i	3, 7, 8, 11
	8.3j	3
	8.3k	3, 4
8.4	8.4e	3, 6, 7, 8, 10, 11
	8.4f	3, 4, 7, 8, 11
	8.4g	3, 7
8.5	8.5g	4, 7
	8.5h	3, 4

10.3	10.3j	1, 2, 3, 5, 6, 11
	10.3k	2, 3, 5, 11
	10.31	3, 5, 11
	10.3m	No alignment
	10.3n	No alignment
	10.30	3, 11
	10.3p	4, 5, 11
	10.3q	1, 2
	C C 11 C L L	C CLDEC C 1

Key: AACN- American Association of Colleges of Nursing; G-CARES- Graduate

## AACN Essentials Advanced-Level Nursing Education (Level 2) Sub-Competency by Frequency (N)

Domain 1: Knowledge for Nursing Practice							
1.1 Demonstrate an understanding of the discipline of nursing's distinct perspective and where shared perspectives exist with other disciplines	N	1.2 Apply theory and research-based knowledge from nursing, the arts, humanities, and other sciences.	N	1.3 Demonstrate clinical judgment founded on a broad knowledge base.	N		
1.1e	10	1.2f	12	1.3d	8		
1.1f	11	1.2g	6	1.3e	8		
1.1g	3	1.2h	5	1.3f	6		
		1.2i	9				
		1.2j	8				

## Domain 2: Person-Centered Care (2.1-2.5)

Ν

2.1 Engage with the individual in establishing a caring relationship.

- 2.2 Communicate effectively with individuals.
- N 2.3 Integrate N assessment skills in practice.
  - N 2.4 Diagnose N 2.5 actual or potential health problems and needs.

3.1j	5	3.2d	3	3.3c	4
3.1k	3	3.2e	3	3.3d	5
3.11	3	<u>3.2f</u>	1	3.3e	5
3.1m		3.2g	2	3.3f	5
3.1n	4	3.2h	0		

8.1g	9	8.2f	3	8.3g	4
8.1h	5	8.2g	0	8.3h	3
<u>8.1i</u>	1	8.2h	2	8.3i	4
<u>8.1i</u> <u>8.1j</u>	1	<u>8.2i</u>	1	<u>8.3j</u>	1
8.1k	2	8.2j	4	8.3k	2

# **Domain 8: Informatics and Healthcare Technologies (8.4-8.5)**

8.4 Use information and communication	Ν	8.5 Use information and communication	Ν
technology to support documentation of		technologies in accordance with ethical, legal,	
care and communication among providers,		professional, and regulatory standards, and	
patients, and all system levels.		workplace policies in the delivery of care.	
8.4e	6	8.5g	2
8.4f	5	8.5h	2
8.4g	2	8.5i	2
		8.5j	2
		<u>8.5k</u>	1
		<u>8.51</u>	1

Domain 9: Professionalism (9.1-9.3)							
9.1 Demonstrate an ethical comportment in one's practice reflective of nursing's mission to society.	N	9.2 Employ participatory approach to nursing care.	N	9.3 Demonstrate accountability to the individual, society, and the profession.	N		
9.1h	3	9.2h	5	9.3i	8		
9.1i	9	9.2i	6	9.3j	2		
9.1j	2	9.2j	3	9.3k	3		
9.1k	3	9.2k	6	9.31	5		
		9.21	7	9.3m	4		
				9.3n	5		
				9.30	0		
Domain 9: Professionalism (9	.4-9.	6)			•		
9.4 Comply with relevant laws, policies, and regulations.	N	9.5 Demonstrate the professional identity of nursing.	N	9.6 Integrate diversity, equity, and inclusion as core to one's professional identity.	N		
9.4d	3	9.5f	5	9.6d	5		
9.4e	2	9.5g	5	9.6e	2		
9.4f	2	9.5h	7	9.6f	2		
<u>9.4g</u>	1	9.5i	0	9.6g	5		
9.4h	4			9.6h	6		
				9.6i	6		

Domain 10: Personal, Professional, and Leadership Development					
10.1 Demonstrate a commitment to personal health and well-being.	N	10.2 Demonstrate a spirit of inquiry that fosters flexibility and professional maturity.	N	10.3 Develop capacity for leadership.	Ν
10.1c	2	10.2g	7	10.3j	6
10.1d	2	10.2h	3	10.3k	4
		10.2i	2	10.31	3
		10.2j	0	10.3m	0
				10.3n	0
				10.30	2
				10.3p	3
				10.3q	2

Sub-competencies in **bold**= high frequency (5); underlined

## **Addendum A: Key Definitions**

**F** The diverse network of care-related persons, family of origin, family of choice, friends, volunteers, partners, and other designated people who journey with an individual through serious illness and death. Family is identified and determined by the individual with serious illness."<sup>26–28</sup>

**Palliative Care:** Palliative care is "patient and family-centered care that optimizes quality of life by anticipating, preventing, and treating suffering. Palliative care throughout the continuum of illness involves addressing physical, intellectual, emotional, social and spiritual needs and to facilitate patient autonomy, access to information and choice."<sup>4</sup> Palliative care is appropriate at any stage of illness, beneficial when provided in tandem with treatments of curative or life-prolonging intent, and based on needs rather than prognosis.<sup>29</sup> Given the focus and scope of palliative care, services can be offered in all care settings (in the community, acute care, clinics, cancer centers, dialysis units, homecare agencies, long-term care/skilled nursing facilities, hospices, telehealth, etc.).

**Primary palliative care**: (also known as generalist palliative care): "Palliative care that is delivered by health care professionals who are not palliative care specialists, such as primary care clinicians; physicians who are disease-oriented specialists (such as oncologists and cardiologists); and nurses, social workers, pharmacists, chaplains, and others who care for this population but are not

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#### **Additional Helpful Resources:**

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